## Introduction to Dynamical Systems

## Solutions Problem Set 5

**Exercise 1.** Let (X, m) be a measure space with m(X) = 1, and let  $T: X \longrightarrow X$  be measure-preserving. Recalling the notation from last lecture, set  $U_T f = f \circ T$ . Then show that T is ergodic if and only if

$$\lim_{N \to \infty} \frac{1}{N} \sum_{j=0}^{N-1} \left\langle U_T^j f, g \right\rangle = \left\langle f, 1 \right\rangle \cdot \left\langle 1, g \right\rangle$$

for all  $f, g \in L^2(X, m)$ .

Solution. Assuming that T is ergodic and using the mean ergodic theorem of Von Neumann, we find that the ergodic averages of f converge to a constant, which immediately yields the result.

Assume now that the convergence in the statement holds. Then, given  $A, B \subset X$  with m(A)m(B) > 0, set  $f = \mathbb{1}_A$  and  $g = \mathbb{1}_B$ , and apply the mean ergodic theorem to find that

$$\lim_{N \to \infty} \frac{1}{N} \sum_{j=0}^{N-1} m(T^{-j}(A) \cap B) = m(A)m(B).$$

This implies that there is  $n \ge 1$  such that  $m(T^{-n}(A) \cap B) > 0$ , which in particular characterizes the fact that T is ergodic.

**Exercise 2.** Let (X,m) a finite measure space,  $T: X \longrightarrow X$  measure-preserving, and let  $f \in L^p(X,m)$ ,  $1 \le p < \infty$ . Then show that there is  $f^* \in L^p(X,m)$ , invariant under composition with T, and such that

$$\lim_{N \to \infty} \frac{1}{N} \sum_{i=0}^{N-1} f(T^{j}x) = f^{*}(x)$$

with the convergence in the  $L^p$ -topology.

Solution. Notice that for  $1 \leq p < q \leq \infty$ , the inclusion  $L^q \subset L^p$  holds true, as

$$||f||_{L^p} \le m(X)^{1/r} ||f||_{L^q}, \quad \frac{1}{p} = \frac{1}{r} + \frac{1}{q}.$$

We argue similarly as in **Exercise 4** in Problem Set 4. That is, for  $1 \le p < 2$ , we can replicate that proof step by step using the density of  $L^2$  in  $L^p$  and the inequality above when q = 2. On the other hand, if p > 2, we need to work ourselves around the estimate above by exploiting the density of  $L^{\infty}$  in  $L^p$ . In fact, given  $f \in L^{\infty}$ , we find

$$||f||_{L^p} \le ||f||_{L^{\infty}}^{(p-2)/p} ||f||_{L^2}^{2/p}.$$

Now, given  $\varepsilon > 0$  and choosing N, M large enough so that

$$\left\| \frac{1}{N} \sum_{j=0}^{N-1} f \circ T^{-j} - \frac{1}{M} \sum_{j=0}^{M-1} f \circ T^{-j} \right\|_{L^{2}}^{2/p} < \frac{\varepsilon}{1 + (2 \|f\|_{L^{\infty}})^{(p-2)/p}},$$

we may achieve the result for  $f \in L^{\infty}$  through the same argument as in the previous problem set. We conclude for  $f \in L^p$  by density.

**Exercise 3.** Let X be a finite set and let  $\sigma\colon X\longrightarrow X$  a permutation. We say  $\sigma$  is cyclic provided that X is an orbit of  $\sigma$ . Show that if  $f\colon X\longrightarrow \mathbb{R}$  and  $\sigma$  is a cyclic permutation, then

$$\lim_{N\to\infty}\frac{1}{N}\sum_{j=0}^{N-1}f(\sigma^jx)=\frac{1}{|X|}\sum_{x\in X}f(x).$$

Solution. The exercise follows from an application of the mean ergodic theorem, after making sure that  $\sigma$  is ergodic with respect to the counting measure m on X. Notice that it is measure-preserving since it is a bijection, and X being an orbit means that every orbit is periodic and equal to X itself. In particular, for any  $A \subset X$  with m(A) > 0 there is  $x \in A$ , and therefore

$$m\left(\bigcup_{j\geq 1}\sigma^{-n}(A)\right)=m(X)=|X|,$$

and  $\sigma$  is ergodic.